

Managed Drug Limitation Program

The managed drug limitation program (MDL) helps us promote safe, clinically appropriate drug usage and simplify drug regimens when clinically appropriate. With this program there's a limit on the amount and days supply of certain medications such as sleeping pills. These limits were developed based on recommendations from a variety of medical experts, including the Food Drug Administration. Your physician may call our Pharmacy Prior Authorization Department to request a medical necessity review.

If you have any questions or concerns please contact Member Services at the number listed on your ID card. This list is for informational purposes only and is subject to change. To confirm coverage, please contact your plan administrator or call the customer service number on your health plan ID card.

DRUG NAME	RETAIL QUANTITY PER 30 DAYS	MAIL ORDER QUANTITY PER 90 DAYS*
ANTI-EMETICS		
Anzemet tablets, all strengths	5 tablets	5 tablets (per 30 days)*
Emend 40 mg	4 capsules	4 capsules (per 30 days)*
Emend 80 mg	2 capsules	2 capsules (per 30 days)*
Emend 125 mg	1 capsule	1 capsule (per 30 days)*
Emend tri-fold pack	1 pack	1 pack (per 30 days)*
granisetron hcl 1mg	10 tablets	10 tablets (per 30 days)*
Granisol oral solution	30ml	30ml (per 30 days)*
Kytril 1 mg	10 tablets	10 tablets (per 30 days)*
Kytril oral solution	30 ml	30 ml (per 30 days)*
ondansetron hcl 4mg/8mg tablets and ODT	24 tablets	24 tablets (per 30 days)*
ondansetron hcl 24 mg tablets	5 tablets	5 tablets (per 30 days)*
ondansetron hcl oral solution	90ml	90 ml (per 30 days)*
Sancuso	4 patches	4 patches
Zofran 4 mg/8 mg tablets and ODT	24 tablets	24 tablets (per 30 days)*
Zofran oral solution	90 ml	90 ml (per 30 days)*
ANTI-INFLAMMATORY AGENTS		
Enbrel	4 injections	12 injections
Humira	2 injections	6 injections
ANTIVIRALS		
famciclovir 125mg or 500mg	30 tablets	90 tablets
famciclovir 250mg	60 tablets	180 tablets
Famvir 125 mg or 500 mg	30 tablets	90 tablets
Famvir 250 mg	60 tablets	180 tablets
Valtrex	30 caplets	90 caplets
DIABETES MEDICATIONS		
Symlin	4 vials or pens	12 vials or pens



DRUG NAME	RETAIL QUANTITY PER 30 DAYS	MAIL ORDER QUANTITY PER 90 DAYS*
DIABETIC SUPPLIES PER 365 DAYS		
Glucometers	2 meters/365 days	2 meters/265 days
ERECTILE DYSFUNCTION AGENTS†		
Cialis	6 tablets	18 tablets
Cialis 2.5 mg	6 tablets	18 tablets
Cialis 5 mg	6 tablets	18 tablets
Levitra	6 tablets or 1-six tablet pack	18 tablets or 3-six tablet packs
Viagra	6 tablets	18 tablets
INFLUENZA		
Tamiflu 30mg	30 capsules	30 capsules
Tamiflu 45mg	14 capsules	14 capsules
Tamiflu 75mg	14 capsules	14 capsules
Tamiflu 12mg/ml Suspension	100mls	100mls
MIGRAINE AGENTS		
Amerge 1mg	18 tablets	54 tablets
Amerge 2.5mg	9 tablets	27 tablets
Axert 6.25mg	18 tablets	54 tablets
Axert 12.5mg	12 tablets	36 tablets
Frova 2.5mg	18 tablets	54 tablets
Imitrex tablets 25mg	27 tablets	81 tablets
Imitrex tablets 50mg	18 tablets	54 tablets
Imitrex tablets 100mg	9 tablets	27 tablets
Imitrex Nasal 5mg	2 boxes of 12 sprays	6 boxes of 36 sprays
Imitrex Nasal 20mg	2 boxes of 12 sprays	6 boxes of 36 sprays
Imitrex Injection kits/refills 6mg (12mg/ml)	2 Pen kits	6 Pen kits
Imitrex Cartridge 6mg/0.5ml	2 cases	6 cases
Imitrex Cartridge 4mg/0.5ml	2 cases	6 cases
Imitrex Pen 4mg/0.5ml	2 cases	6 cases
Imitrex Vials 6mg/0.5ml	5 vials	15 vials
Maxalt 5mg	12 tablets	36 tablets
Maxalt-MLT 5mg	18 tablets	54 tablets
Maxalt 10mg	12 tablets	36 tablets
Maxalt-MLT 10mg	18 tablets	54 tablets
Migranal NS 4mg/ml	16 ampules	48 ampules
Relpax 20mg	12 tablets	36 tablets
Relpax 40mg	6 tablets	18 tablets
Stadol NS 10mg/ml	2 bottles/30days	2 bottles/30days
sumatriptan 25mg tablets	27 tablets	81 tablet
sumatriptan 50mg tablets	18 tablets	54 tablet
sumatriptan 100mg tablets	9 tablets	27 tablets
sumatriptan vials 6mg/0.5ml	5 vials	15 vials
Treximet 85mg/500mg	18 tablets	54 tablets
Zomig, Zomig ZMT 2.5mg	12 tablets	36 tablets
Zomig, Zomig ZMT 5mg	6 tablets	18 tablets
Zmig Nasal Spray 5mg	2 packs or 12 sprays	6 packs or 36 sprays

DRUG NAME	RETAIL QUANTITY PER 30 DAYS	MAIL ORDER QUANTITY PER 90 DAYS*
NARCOTIC AGENTS (PAIN)		
Actiq	120 lozenges	120 lozenges (per 30 days)*
Duragesic (all strengths)**	15 patches	45 patches
Exalgo 8mg	30 tablets	90 tablets
Exalgo 12mg	60 tablets	180 tablets
Exalgo 16mg	120 tablets	360 tablets
fentanyl citrate (all strengths)	120 lozenges	120 lozenges (per 30 days)*
fentanyl transdermal (all strengths)	15 patches	45 patches
Fentora	120 tablets	120 tablets (per 30 days)*
Onsolis 200mcg	120 buccal film	120 buccal film
Onsolis 400mcg	120 buccal film	120 buccal film
Onsolis 600mcg	120 buccal film	120 buccal film
Onsolis 800mcg	120 buccal film	120 buccal film
Onsolis 1200mcg	120 buccal film	120 buccal film
Oxycontin 10mg	60 tablets	180 tablets
Oxycontin 15mg	60 tablets	180 tablets
Oxycontin 20mg	60 tablets	180 tablets
Oxycontin 30mg	60 tablets	180 tablets
Oxycontin 40mg	60 tablets	180 tablets
Oxycontin 60mg	60 tablets	180 tablets
Oxycontin 80mg	120 tablets	360 tablets
SEDATIVES/HYPNOTICS†		
Ambien/Ambien CR	30 tablets	90 tablets
Edluar	30 tablets	90 tablets
Lunesta	30 tablets	90 tablets
Rozerem	30 tablets	90 tablets
Sonata	60 capsules	180 capsules
Zaleplon	60 capsules	180 capsules
zolpidem tartrate	30 tablets	90 tablets

* Some medications aren't clinically appropriate for long-term use. In these instances, limitations for retail and mail-order are identical; therefore, the use of mail-order isn't cost effective.

**Doses of Duragesic greater than 100 mcg will require using more than 10 patches per month because multiple patches will have to be applied simultaneously to achieve the desired dose.

† Certain therapeutic categories do not warrant a need to prescribe more than one drug from within that class of agents. The prescribing of medications from such drug classes should be limited to one drug per month. For example, Viagra and Cialis, erectile dysfunction agents, should not both be dispensed within the same month. Quantities will vary depending on disease being treated.

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